COACH YOUR STUDENT

Unlock the potential within!

5 TIPS

1 Be the Cheerleader on the Side

The greatest gains come when we feel supported. Problem-solve any worries. Ask what your student needs. Talk up past successes and cheer him/her on! Provide resources. Share and discuss our Tip Sheet: A Personal Game Plan for Achievement. (Get a free copy here.)

2 Create a Learning Space

Learners need a work station that creates an alert brain. Set up a corner or a room that says learning is important. Make it a space with a comfortable chair, table/desk, good lighting, and writing and technology tools.

3 Reduce Distractions

Distractions cause confusion & stop progress. Reduce as many as possible. Set up a quiet zone - turn off devices and ask others not to interrupt. Get the body ready to work – encourage a little physical activity, a healthy snack, water, and breaks. Every 30-60 minutes is not too many.

4 Praise Often – But Carefully

Praise works and yours matters! But make sure to praise what you want to expand. Focus on good effort, concentration, organization, and attention. Praising high scores can backfire. To kids, that means "I'm smart when I do well" and "dumb when I don't." So, cheer for the effort!

5 Bring the Rewards

Students see learning struggles as weaknesses and, sometimes, failures. Make them feel like winners and help them stay motivated! Reward them! Stars and treats work with all ages. But your acknowledgement and pride are the best of all!

Tips from Motivation Matters Tutor - Coaching